

THE SHIELD

A Monthly Magazine from



State Banks' Staff Hnion (Chennai Circle)

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Revolutionary Greetings Comrades,

As we proudly step into the 80th year of our union's formation, our ultimate goal must remain steadfast: to retain our hard-earned rights and uphold our self-respect. Our union was established on August 4th, 1946, a date we commemorate as our Foundation Day. Initially, it was formed under the name "Imperial Bank of India Indian Staff Association, Madras Circle" for Indian employees of the Imperial Bank of India. This union was founded by Shri. P. S. Chengalvarayan and Shri. V. Ramanujam in solidarity with the indefinite strike mooted at the Bengal Circle.

In 1961, under the visionary leadership of Fmr. General Secretary of our Federation Com. V. Ganesan and Fmr. President of our Federation Com. T.V. Loganathan, our Union underwent a transformation, becoming an apolitical organization dedicated solely run by serving members. Madras Circle comprised of the southern circles namely, Bangalore, Trivandrum, Hyderabad and Amaravati with it as one. Over the years, slowly they formed their own unions for administrative purposes.

We have always prioritized staying connected with our members, and this commitment led to the publication of our magazine, "The Shield." This is the third instance of our union releasing a magazine for its members. The first attempt was made by Com. V. Ganesan, Fmr. General Secretary AISBISF who launched "The Guardian," followed by "The Protector." While these efforts were

discontinued for reasons unknown, our commitment to communication never wavered. In January 2023, we launched our e-magazine, "The Shield," embracing technology to keep our members in formed and engaged.



As I connect with you through this edition of "The Shield," I feel a surge of emotion, knowing that I will be laying down my office on August 31st, 2024. It has been my earnest desire to instill the spirit of trade unionism and spread awareness of the developments in the Trade Union and Banking Industry among our members through this e-magazine. Hope this was accomplished.

Our 39th General Council was a monumental success, and I extend my heartfelt thanks to all the comrades who traveled far and wide to make it possible. I am deeply grateful to the readers of our magazine, whose support has been invaluable.

With immense gratitude, I wish the future

leaders of our union unparalleled success in all

their endeavors.

G. KRIPAKARAN GENERAL SECRETARY

Co by kin



WELCOMING OUR NEW CHAIRMAN

Our new Chairman Shri. Challa Sreenivasulu Setty
was welcomed by our Federation General
Secretary Com. L. Chandrasekhar and Federation
President Com. G. Kripakaran along with Fmr.
General Secretary of the Federation Com. Sanjeev
k Bandlish. Senior Vice-President Com. Sriram R
was also present.



TRIENNIAL GENERAL COUNCIL MEETING OF ALL INDIA STATE BANK OF INDIA STAFF FEDERATION AT CHANDIGARH

The All-India State Bank of India Staff Federation Triennial General Body meeting was held on 28.07.2024 at Crystal Resorts, Chandigarh. It saw spirited participation of members numbering in thousands. Our roaring lion, General Secretary of Federation Com. Sanjeev Kumar Bandlish was felicitated on account of his superannuation from Bank's service. For three generations, his family has been dedicated to serving from Imperial Bank to SBI. His father also served as General Secretary of AISBISF, and it is considered a rare honour to follow in his footsteps and achieve greater heights. During the general body meeting, resolutions were passed to improve medical facilities, provide income tax relief on terminal benefits, recruit messengers, and implement the long-awaited five-day banking.



OUR GENERAL SECRETARY AS PRESIDENT OF ALL INDIA STATE BANK OF INDIA STAFF FEDERATION

At the delegates session held on 30.07.2024, SBSU Chennai Circle received a pleasant surprise, a well-deserved one at that. Our esteemed General Secretary, Com. G. Kripakaran, was unanimously selected as President of AISBISF. This momentous occasion was historic in the history of the Chennai Circle, filling us with pride. The last time the position of President was



held by the SBSU(CC) was in the year 1964 by Com. T.V. Loganathan and 60 years later, the position has once again returned to Chennai Circle. Our comrades celebrated the moment with unbridled joy and the air was filled with chants of SBSU Chennai Circle Zindabad. Com. G. Kripakaran expressed his gratitude for the trust and hope of our comrades in him and vowed to fight for our causes even more vigorously.



CENTRAL BIPARTITE MEETING AT CHANDIGARH

The Central Bipartite Meeting was conducted on 29th July 2024 at Chandigarh where discussions and deliberation on various issues were done. DMD (HR) and CDO Shri. Binod Kumar Mishra, CGM (HR) Rajeev Kumar, DGM (IR) Shri Mahesh Kumar Pandey and other officials of the HR



department honoured General Secretary of our Federation Com. Sanjeev K Bandlish,

President of

Federation Com. Arun Bhagoliwal and Senior Vice-President and our General Secretary Com. G. Kripakaran on account of their superannuation from Bank's Service.



9th TRIENNIAL CONFERENCE AND FELICITATION TO COM. ARUN BHAGOLIWAL AT BHOPAL ON 21.07.2024

9thTriennial Conference was conducted at Bhopal on 21.07.2024. Com. Arun Bhogliwal, President of AISBISF was felicitated on his superannuation from Bank's service. Executives and Veteran leaders from throughout the country came over to show their love and affection towards Arunji. Our General Secretary Com. G.Kripakaran gave an enthralling speech being the special invitee of the meeting. Our President Com. V.Sridharan and Vice-President (HQ) Com. Khaja Fakrudeen were also present.



GENERAL COUNCIL MEETING AT JAIPUR

A General Council meeting was held at Jaipur on 14th July 2024, attended by many zealous comrades our beloved General Secretary AISBISF Com. Sanjeev Kumar Bandlish and President Com. Arun Bhagoliwal was felicitated grandly on account of their impending retirement. Our General Secretary Com. G. Kripakaran was one of the chief guest and was also honoured on account of his superannuation on



MEMBERS MEET (ZONE XXIV) @ VILLUPURAM

Members' Meet of Zone XXIV was held at Villupuram on 17.07.2024. Our President Com.V.Sridharan rendered the presidential address. Vice-President Salem Sub-office Com. Premkumar welcomed the gathering. Vice-President (HQ) Com. Khaja Fakrudeen, Deputy General Secretary Salem Sub office Com. Sreeram Sand



Deputy General Secretary (Br) Com. S Muralidharan addressed the gathering. Sub Staff Committee Member Com. S.Mani participated in the meeting.

Assistant General Secretary Com. Neelakandan K of the zone who was retiring on 31st July 2024 was felicitated during the meeting. Our General Secretary Com.G.Kripakaran delivered the Special Address. Members actively participated in the interaction session with our General Secretary and deliberated on various issues pertaining to the module. Vote of thanks was delivered by Deputy General Secretary Com. S.Sathish Kumar.



NATIONAL CONFEDERATION OF BANK EMPLOYEES (NCBE) CENTRAL COMMITTEE MEETING

NCBE Central Committee meeting was held on 29.07.2024 at Park View Hotel at Sector 24, Chandigarh. All NCBE members participated and discussed on various issues. On account of retirement of General Secretary NCBE Com. Sanjeev K Bandlish, it was agreed that the new General Secretary of the All India State Bank of India Staff Federation would take charge as NCBE General Secretary.

INAUGURATION OF STATE BANK OF INDIA STAFF CO-OPERATIVE SOCIETY LTD., GUEST HOUSE AT PERAMBUR

"Com. T. E. BALASUBRAMANIAM GUEST HOUSE" - Our Society guest house at Perambur was inaugurated on 5^{th} July 2024 by our beloved General Secretary Com. G.Kripakaran in the presence of Com. V. Sridharan, President SBSU Chennai Circle. The General Secretary of Kerala Circle Com. S. Akhil and President of SBSU Kerala Circle Com.H.C.Rajaiah, graced the occassion. Our Staff society caters to the needs of the members of Chennai circle including Pondicherry and Kerala Circle. The event was presided over by President of our Society Com. N. Emmanuel Elaventhan. This was a long-awaited move and was greatly appreciated by our members.



"Great leaders don't set out to be leader.. They set out to make a difference"

தன் இருபத்தோராம் வயதில் இவர் இங்கு வங்கி பணிக்கு வந்து அமர்கையில் இவர் அறிந்திருக்கவில்லை

AISBISF யின் தலைமையை அறுபது ஆண்டுகளுக்குப் பிறகு சென்னைக்குக் கொண்டு வந்து

SBSU வரலாற்றில் இருபத்தோராம் நூற்றாண்டின் மிகப் பெரும் சாதனையை இவர் நிகழ்த்தப் போகிறார் என்று

இது எதார்த்தமாக நடந்துவிடவில்லை

தன் முப்பத்தொன்பது ஆண்டு கால பல நிகழ்ச்சிகளை, சந்திப்புக் அலுவலகக் பணியில் கூட்டங்களை ஏற்பாடு செய்த இவர் நிகழ்த்திக் காட்டியிருப்பது ஒரு தலைவனாய் மட்டும் அல ஏராளம். சிறந்த ஒரு காமரேட் ஆகவும்

கல்லூரியில் commerce உடன் சேர்த்து கார்ல் மார்க்ஸையும் இவர் படித்து வந்தார்

அதன் விளைவாக

அலுவலகத்தில் அயராது உழைத்ததோடு மட்டுமல்லாமல் அயராது உழைக்கும் ஊழியர்களுக்கு ஊதியமும் நலனும் கிடைக்கப் பெற வேண்டும் என தன் ஆரம்ப காலங்களிலேயே தொழிற்சங்க இயக்கங்களில் முனைப்புடன் கலந்து கொண்டார்

You don't choose leadership It chooses you

என்னும் கூற்று உண்மையாகி, கலப்பணிகள் பல செய்து காம்ரேட்களால் கண்டு கொள்ளப்பட்டு இருபத்தைந்து ஆண்டுகளில் பலப் பொறுப்புகள் ஏற்று இன்முகத்துடன் நம் இயக்கத்தை இன்று வரை தாங்கி வந்திருக்கிறார் 2019 ஆம் ஆண்டில் சென்னை சர்க்கிளின் பொதுச்செயலாளரான இவர்

முன்னோடியாக நின்று பல புதிய முயற்சிகளை எடுத்து வந்துள்ளார் அவற்றில் பல சாதனைகளையும் நிகழ்த்திக் காட்டியுள்ளார்.

கடந்தகால தலைவர்களை கவுரவிக்கச் செய்வதையும்

வருங்கால தலைவர்களை வரவேற்கச் செய்வதையும் இவர் தன் தலையாய கடமையாக கருதி பல நிகழ்ச்சிகளை, சந்திப்புக் கூட்டங்களை ஏற்பாடு செய்து ஒரு தலைவனாய் மட்டும் அல்லாது சிறந்த ஒரு காமரேட் ஆகவும் இவர் தன் பணியை செம்மையாக செய்து தனித்து நின்றிருக்கிறார்

இவரின் தொலைநோக்குப் பார்வையால், தொழில்நுட்ப வளர்ச்சிக்கேற்ப நம் சங்கமும் வளரும் வண்ணம் இணையதளம், செயலி முதலியவற்றை உருவாக்கி சங்கத்திற்கும் உறுப்பினர்களுக்கும் இடையே இருந்த இடைவெளியை வெகுவாக குறைத்திருக்கிறார்

கற்பி புரட்சி செய் ஒன்று சேர் என்னும் அண்ணலின் வார்த்தைகளில் உள்ள உண்மையை உணர்ந்தவராய்

நம் இயக்கம் சார்பில் நடக்கும் கூட்டங்கள், கலந்துரையாடல்கள் அவற்றில் எடுக்கப்படும் முடிவுகள், தீர்மானங்கள் நம் உறுப்பினர்களுக்கு சென்றடையச் செய்யும் வகையில் Shield மின்-இதழை நிறுவியுள்ளார் நம் உறுப்பினர்கள் பயன்பெறும் வகையில் மேலும் பல நூல்களை வெளியிட முக்கியப் பங்கும் ஆற்றிருக்கிறார்.

மகளிரின் நலனில் அக்கரை கொண்டவரான இவர் அவர்களின் பங்களிப்பை அங்கிகரிக்கும் வகையில் முதல் மகளிர் மாநாடு திருச்சியில் நடக்கக் காரணமாயிருந்தார்.

நாற்பது ஆண்டுகளாக, ஒரு நல்ல ஊழியராய் ஒரு சக காம்ரேடாய் எல்லோருக்கும் பிடிக்கும் தலைவராய் முன்னோடியாய் எல்லாவற்றிற்கும் மேல் ஒரு நல்ல தோழனாய் இருந்து

AISBISFவில்

ஒரு தலை சிறந்த ஆளுமையாக ஓய்வுபெறும் திரு. கிருபாகரன் ஐயா அவர்களை வாழ்த்துவதில் பெருமிதம் கொள்கிறேன்.

விதைத்தவன் உறங்கினாலும் விதைகள் உறங்குவதில்லை

விதைகளாய் நாங்கள் தொடர்ந்து எடுத்து செல்வோம் நீங்கள் விட்டுச் செல்லும் மரபினை.

Ajay S Associate (CSS) RBO 2 CHENNAI CBD





WATCH YOUR HEALTH

HEALTHY LIFE - SLEEP



function while we night.

truth is that, it is only then that various processes are at work that help everything from your cardiovascular system to your Brain

Inadequate sleep can have the opposite effect, so too can Too much sleep.

Side Effects of Sleep deprivation Include comfortable place to rest and Obesity, Diabetes, Hypertension, anxiety, depression, Stroke, Heart disease and probably Increased Risk of developing some types of cancer.

Getting good sleep Good sleep allows the cells in organs, muscles and Brain can add years to to Repair and Renew each night. Sleep regulates the your life. Though, Body metabolism and how your body Releases we feel that the hormones. Sleeping less increases Risk of having driving body doesn't accidents by 33% compared to sleeping 7-8 hours a

are asleep, the Onthe contrary, sleeping for long duration is bad and if more than 10 hours a night is associated with

> psychiatric diseases and higher BMI

> So, Do choose a Regular Sleep Schedule, Follow a relaxing bedtime Routine, Make your bedroom a change your Electronic habits.

> > Sleep Good and Lead a Healthy Life.



Dr. Radhika Rajagopal, M.B.B.S., DPH., AGM Medical / BMO LHO, Chennai

THE RAY OF SUNSHINE

In the world of Gloominess, You came as the ray of sunshine. Yes, As the ray of Sunshine...

In the World of False promises, You are the man of integrity. Yes, The man of Integrity...

In the World of Cowardice, Your Courage ruled out the fear in us Yes, Ruled out the Fear in us...

In the World of boring Traditions, Your innovations opened the gate for opportunities. Yes, Opened the gate for opportunities....

In the World of Discouragement, Your positive approach helped to

achieve goals Yes, helped to achieve goals... In the World of Arrogance, Your humility made us comfortable. Yes, always made us comfortable...

In the World of Illusion, Your vision made things crystal clear Yes, things are now crystal clear... In the World of loathing, Your empathy saved the needy ones Yes, saved the needy ones...

In the World of dismay, Your motivation groomed us well Yes, groomed us so well...

In the World of Vulnerability, Your resilience made us safe, Yes, made us very safe...

In the World of Uncertainty, Your conviction made this victory possible

Yes, this victory possible...

This poem is dedicated to Our ray of sunshine!!

Sir.

You are a true leader and wonderful person.

We wish you all happiness and healthy life on your retirement day!!

Com. Kanimozhi Dinakaran Senior Associate LCPC Chennai



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